

AUGUST 2025



SEEING CLEARLY

Leadership Built on Trust, Insight and Impact

A 4-part leadership development experience
that transforms how teams work, think, and lead.

Developed and Facilitated by Tamara Kroeker

About EnneagramAWARE

Self-Awareness and Connection in Action

At the heart of effective leadership is self-awareness. EnneagramAware helps leaders and teams strengthen emotional intelligence, communication, and collaboration by putting self-awareness at the centre of growth. Rooted in proven frameworks for emotional and relational development, these workshops offer practical tools to deepen understanding of oneself and others.

The Seeing Clearly Leadership Training offers strategies for:

- Clear, effective communication
- Stronger stress management and resilience
- Confident, values-aligned decision-making

When leaders understand themselves, they lead with purpose - and create the kind of culture where others can do the same.

Tamara Kroeker

B. Ed/Mus., IEA Cert.

Tamara Kroeker (she/her) brings a relational and practical approach to fostering collaboration and improving team dynamics. Drawing on extensive experience in education and facilitation, she helps teams build self-awareness, uncover their unique strengths, and align them with organizational goals. Her work supports clearer communication, more intentional leadership, and a culture of meaningful connection.



Seeing Clearly

A 4-part leadership series to strengthen self-awareness, improve team communication, and build emotionally intelligent leadership.

This leadership development experience is designed to help your team see themselves, and each other, more clearly. Using the Enneagram as a practical tool, each session builds personal insight, team connection, and leadership capacity.

Program Overview:

SESSION 01

Understanding the Enneagram

Explore nine core personality patterns and discover how your leadership style impacts communication, collaboration, and team trust.

SESSION 02

Instincts and Leadership Priorities

Uncover the instinctual drives behind leadership decisions—and how they shape team culture, systems, and strategic focus.

SESSION 03

Centres of Intelligence

Learn how body, heart, and mind influence decision-making, conflict response, and emotional engagement in leadership.

SESSION 04

Self-Awareness in Action

Integrate insights through peer learning and reflection—and walk away with a clear plan to lead with greater clarity and impact.



Details and Pricing

Seeing Clearly: Leadership Built on Trust, Insight, and Impact

A 4-part leadership development series designed to help teams lead with self-awareness, emotional intelligence, and real-world connection.

Format and Delivery:

- Four, half-day sessions (3 hours each)
- Delivered virtually or in person (Winnipeg-based)
- Schedule options: weekly, bi-weekly, or monthly
- Ideal for teams of 6–20 leaders

A condensed option (two, half-day sessions) is available for teams looking for an alternate format—please inquire for pricing and structure.

What's Included:

- Online Enneagram assessment + report for each participant
- Four, 3-hour interactive, live-facilitated sessions (12 hours total experience)
- Printed materials provided for in-session learning and long-term reference
- Support with scheduling, communication, and participant onboarding
- Optional add-ons for deeper integration (see next page)

Program Investment:

Group Size	Total Investment (+GST)
Up to 10 people	\$8,500
11-15 people	\$9,500
16-20 people	\$10,500

*Discounts available for multi-team engagements or nonprofit organizations—ask for details.



All individual Enneagram assessments/reports, and printed materials are included in the total investment. Digital versions of all materials are available for virtual delivery or hybrid teams.

Optional Add-Ons

Individual Coaching

One-on-one coaching sessions offer personalized support for leaders to apply what they've learned in their day-to-day leadership. These sessions are especially valuable for new leaders, emerging talent, and succession planning, providing a focused space to build confidence, clarify leadership strengths, and navigate real-time challenges with support.

Team Report

An overview of your team's Enneagram types, instincts, and core patterns. This report includes strengths, gaps, and growth areas for collaboration, communication, and decision-making—helping you better understand your team's inner dynamics and leadership culture.

Custom Integration Session

A strategic working session with leadership to translate learning into practical next steps. Whether it's improving feedback culture, shaping team norms, or aligning leadership styles with organizational values, this session is designed to help you operationalize insights.

Can include:

- Review of team themes and patterns from the series
- Identification of priority areas for culture or communication shifts
- Facilitated discussion to co-design 1–2 actionable strategies

Ideal for leadership teams who want to ensure the learning sticks—and shows up in how the team leads, collaborates, and grows.

All sessions are led by Tamara Kroeker, an experienced facilitator and certified Enneagram practitioner with over 15 years of expertise in leadership, coaching, and organizational culture.



Next Steps

Bring self-awareness, real connection, and leadership growth into your organization—starting now.

To book your team or request a custom quote,
contact info@enneagramaware.ca or call or text 204-226-1529

*Delivery timing is flexible based on your internal calendar and availability

*In-person delivery outside of Winnipeg is available (travel expenses to be covered by the client.)

What Others Are Saying:

"As a teacher, leader, and educator, Tamara excels in leading and empowering others. She is able to create a dynamic and inclusive learning environment that fosters meaningful growth and skill development, making complex topics accessible. Tamara's expertise and passion shine through as she guides participants towards personal and professional growth."
– Dr. Elroy Friesen, Director of Choral Studies, University of Manitoba

"Working with Tamara to explore my Enneagram type was a truly enriching experience. Her knowledge is impressive, and she has a creative, fun approach that made the whole process enjoyable."
– Dr. Christine Watson, Vice-President, RRC Polytechnic

"The natural and non-judgemental discussions through the Enneagram process offered opportunity for deep self-awareness, and a foundation upon which personal growth and positive transformation could be fostered."
– Torin Proulx, Workplace Safety and Health Officer, Winnipeg School Division



You have a great team.
Self-awareness will show you more of
what makes them so great.